



WAIPAHU HONGWANJI BUDDHIST TEMPLE
(A Shin Buddhist Temple)

GOLDEN CHAIN

Monthly Newsletter

SEPTEMBER 2022

Building Healthy Sanghas: Connecting with Others.



JODO SHINSHU, Teaching of Pure Land “Amida Buddha’s Vow #11 09/2022 Reverend Jeffrey Soga, resident minister

Aloha Waipahu and Waianae Hongwanji Dharma Ohana. How was your summer in July and August? In August, there were no Sunday services, so I was able to spend Saturday nights so relaxed and calm. However, I resume to have anxious Saturday nights as I must prepare Sunday sermons. It's nice to meet people who attend the Sunday Family Service, but it's hard to make a good sermon every Sunday. Sorry, I whined a little.

Now, I would continue to introduce "Amida Buddha's wishes" to everyone. In June, I wrote about Amida Buddha's third vow. This month, I would like to introduce fourth one. I quote from the sutra:

If I attain Buddhahood, the humans and devas in my land should not all be of the same appearance and should be either beautiful or ugly, may I not attain the perfect enlightenment.
“The Three Pure Land Sutras”

I try to use my words; "When I (Amida) attain enlightenment as a Buddha, if the people of my country have various faces and shapes, and there is a difference between beautiful and not, then my enlightenment would not be established."

Please think about this Amida Buddha's wish carefully. When Amida Buddha looks around at us humans, Buddha finds a world of 'JUDGEMENT'. In this world, human beings always judge others through self-centered thoughts. They think, 'they must be this, they must not do that, the person has a beautiful face, the person is not beautiful, and then we are hurting each other and suffering together. Because Amida Buddha saw such realm of suffering, Buddha made this wish.

Could you please try reviewing the June Temple Newsletter again? There, I introduced a poem by Misuzu Kaneko. In the poem "Everyone is different, everyone is good," Kaneko wrote, "Everyone is different from the bell and the little bird, and everyone is different from me, everyone is good." Kaneko's way of looking at things is expressed in the poem which says that everyone shines beautifully without judging at things by the self-centered way of discernment (this is Amida Buddha's third vow).

(Continued to page 2)

MEMORIAL SERVICE FOR 2022

SEPTEMBER

1st (2021)
 September 6 Edna Umeyo Saito

3rd (2020)
 September 22 Ronald Hitoshi Nagata
 September 27 Osamu "Guava" Fukeda

7th (2016)
13th (2010)
17th (2006)

25th (1998)
 September 5 Hiroshi Nakamoto

33rd (1990)
 September 6 Raymond Kazuo Umetsu
 September 30 Choei Oshiro

50th (1973)
 September 8 Rokuro Uyeno
 September 10 Katsujiro Tamura
 September 12 Kiyome Nitta
 September 22 Paul Yasuyoshi Tomita
 September 30 Mitsuso Nitta

OCTOBER

1st (2021)
 October 7 Amy Yoshie Tanabe

3rd (2020)
 October 30 Jane Yoshie Kanda

7th (2016)
 October 15 James Haruichi Koizumi

13th (2010)
17th (2006)
 October 9 Mitsuko Sato
 October 15 Matsuko Miyashiro

25th (1998)
 October 11 Hatsue Baba
 October 11 Toyoko Furukawa
 October 12 Sue Tsuneko Kuwaye
 October 27 Masatoshi Katahira

33rd (1990)
 October 8 Masao Yoshikawa
 October 13 Wakida Satoyo
 October 24 Sasayo Ishihara

50th (1973)
 October 17 Nobuko Sugimoto
 October 26 Yuki Kochi

(Jodo Shinshu, From Page 1)

Please reflect on your daily life. Do you discriminate people with such a self-centered view and look down on people, fear them, hate them, or do things like that?

Now the Ukraine-Russia war is still ongoing. The particular ideology is to try to conquer the other side by using weapons, therefore so many people are suffering. And also, there are some conflicts between countries and ethnic groups, and innocent people are having hard time. Because people use such selfish idea in the rigid way of thinking, they try to control weaker people. Therefore many people are getting hurt, and feeling sad. Amida Buddha must be sad and crying, too.

Let's think about this a little more. to be continued



PRESIDENT'S MESSAGE
Evan Watarida, President of Waipahu Hongwanji

Dear Waipahu Hongwanji Sangha,

We want to welcome back everyone to temple after a brief August summer break. I am grateful for all our hard-working volunteers and supporters who pulled off a very successful bon dance this year. There were many new visitors to our temple with the largest crowds I've ever seen here. And we also received help from many new friends that we hope to partner with going forward. Thanks to everyone's support we made almost \$20,000 from donations, concessions, and bazaar sales to perpetuate the dharma.

Continuing on with our Obon season, our first Sunday service in September will be our second pet Obon service. Pets are members of our families and everyone is welcome to attend and remember our companions that have left before us. You are welcome to bring pictures or mementos of your pets if you wish.

Animals are sentient beings and there is much we can learn from them. Our pets love us unconditionally without prejudice. They do not label us or judge us. They don't care if you messed up at work that day or what people said about you or your money problems. They see you as you are and not the person you want others to see. They don't stress about the future or relive past failures. They live 100% in the present moment and you can sense that when you are together. I think that is why we as humans have such a deep connection with pets because we long for that peaceful state.

There is so much that society can learn from pets if we take the time to observe and reflect. As we come out of the pandemic, there still is much conflict and turmoil in the nation and around the globe. The war in Ukraine continues for more than six months with no end in sight. Gun violence, domestic violence, and crimes against others seem to be at a high. People with different views seem to be increasingly polarized. But with increasing conflict, comes an equally strong movement in society for peace.

Wednesday September 21 is Peace Day. And there will be a virtual event at 9:00am to "ring bells for peace." At the same time, ministers from all the temples will ring their kansho and anyone can participate via Zoom by ringing your own bell at home. People from other states, other countries, and other religions are expected to participate. Click this link to register. <http://bit.ly/PeaceDay2022>

We look forward to seeing you in September as we resume services once again.

In Gassho,

OBON 2022 WAS SUCCESS



Caregiver Injury Prevention By Maria Morales, Project Dana

Some caregiving tasks can be physically demanding. The person receiving the care may have limited physical abilities, so the caregiver often performs reaching, pulling, pushing, and lifting movements as they assist them in daily tasks. The number of tasks they assist with and the physical toll on the caregiver increases over time and as the person's health and condition decline. It may start with assisting them with walking which evolves to getting them around on a wheelchair. They may be initially only need assistance standing from or sitting on the bed, chair, or toilet, then they eventually will need help transferring in and out of place to another.

The physical toll of caregiving can lead to chronic pain which affects the caregiver's capacity to provide care to their loved on. It is important for caregivers to learn injury prevention and proper body mechanics to keep themselves healthy. Please join Project Dana's "Caring for the Caregiver" Support Meeting on Saturday, September 10 at 10:00 to 11:30 am. Our visiting speaker is Grace Gayatinea who is a Physical Therapist. The topic for the meeting is "Caregiver Injury Prevention and Body Mechanics."

Please contact Project Dana if you would like to attend the meeting by emailing cgsg@projectdana.org or call (808) 979-5365.

WAIPAHU HONGWANJI NEWS

OBON SERVICE For FAMILY PET

Sunday, September 4, 2022
9 a.m.

Please call Reverend Jeff to include your
pet's name.
Bring your pet's picture or mementos.

PEACE DAY

Do you know United Nation and State
of Hawaii designated September 21, as
the day to observe Peace Day.

Temples and members of the entire
State will hit bell together at 9 a.m.

You are able to participate by zoom.
Please call Waipahu Hongwanji or
come to temple to join.

BWA (Fujinkai) is planning to make or-
nament with folding crane, so you may
see it at restaurant or some office.

OHIGAN Autumn Equinox Service

Sunday, September 18, 2022, 9 a.m.

MEDITATION CLASS

The first Thursday of each month,
Reverend Jeff will conduct class.
Please arrive about 6:45 a.m. please
come to main temple
7 a.m. class starts.

Wear loose, comfortable clothes.
Please call Waipahu Hongwanji if
you plan to attend.

PROJECT DANA CARE GIVER SUPPORT PROGRAM

You are Caregiver now.
You were Caregiver before.
You will be Caregiver future.

Please join and study, get infor-
mation, share and work together.

WE NEED YOUR KOKUA!

Please join KOKUA Thursday work group and HOSHA Temple Clean up group.
KOKUA Group: every Thursday, 9 a.m. to 11:30 a.m. (lunch will be served)
HOSHA Group: every Saturday, 8:30 a.m. to 10 a.m. (refreshment will be served)

DONATION'S PAGE

GOTANE Sachiko & Russell Tsutsui

OBON

Amodo Family, Janet Asamoto, Albert & Marian Au, Adrienne & Ellen Ayakawa, Leroy & Taeko Braden, Lynn Fujikawa, Jane Fukunaga, Marjory & Henry Funasaki, Daniel & Lois Hanaoka, Carrie Hayashi, Judith Hayashida, Marcus Hayashida, Steven & Jan Honda, Edith Ihuri, Carol Ikeda, Nancy Inouye, Robert & Margaret Itagaki, Randy & Karen Itamoto, Caran Iwata, Doris Kakugawa, Yoshito Kamikawa, Elaine & Lawrence Kanemoto, Thomas & Sachie Kaneshiro, Carrie & Dennis Kawamoto, Janet Kaya, Clyde & Lynette Kishimoto, Judith Kishimoto, Richard & Sueko Kodama, Kimi Koizumi, Charles & Shirley Kon, Joseph Kuroda, Gary Maeda, Frances Matsumoto, Wilfred & Mae Matsushige, Kara Mendoza, Flora & Lionel Minemoto, Sarah Miyasaki, Carol & Anthony Miyasato, Maizie & Sumiko Miyashiro, Nancy Miyashita, Mavis Morihara, Susan Morishige, Jasmine & Daniel Morrison, Masumi Murakami, Rodney & Patricia Narusaki, Carol & Tadao Nezu, Fumiko & Stephen Nii, Lori Noborikawa, Myra Nohara, Jenny Nomura, Richard & Hisaye Nomura, Kenneth & Amy Omoto, Emiko Onaga, Joyce & Robert Oshita, Caroline & Anthony Otani, Clarence & Edna Otsuka, Jan Ro, Saito Family, Tsunako Sakata, Ann Saruwatari, Annette Sekine, Thomas Sekine, Serikaku Family, Haruo & Jane Shigeta, Kay & Raymond Shigeta, Diane Shimizu, Beatrice Sonoda, Wilma & Calvin Sumida, Craig & Christi Tadaki, Dexter Takara, Miles Tamura, Jane Tanaka, Sharon Tanaka, Victor & Helene Tanimoto, Norman & Laurie Tochiki, Barbara Toguchi, Jon Tokuhara, Sharon Toma, Kristie Toma-Valdez, Barbara & Felix Torricer, Robert Tsumoto, Sachiko & Russell Tsutsui, Kuniomi & Akemi Uehara, Guy & Cindy Ujimori, Ellen Ujimori, Masao & Yukiko Uyeda, Craig & Megumi Uyeno, Francis Uyeno, Setsuko Uyeno, Ruth Wakimura, Evan & Cristina Watarida, Glenn & Gayle Yabuki, Carol Yamauchi, Sandra & Miles Yasui, Wayne Yokota, Helen Yonashiro, Janet Yoshida, Shigeru & Eileen Yoshimoto

HATSU BON

Itamoto Family ... \$200	Serikaku Family ... \$500	Stanley & Diane Tamura ... \$100
Lilly Tokuhara ... \$500	Charlene Ikeda ... \$300	Jolene Katakura-Panoe
Margy & Wendy Kodama		

Other Special Donation

Amodo Family ... \$100	Jane Asamoto ... \$100	Albert & Marian Au ... \$100
Marjory & Henry Funasaki ... \$200	Daniel & Lois Hanaoka ... \$200	Edith Ihuri ... \$200
Carol Ikeda ... \$100	Caran Iwata ... \$100	Elaine & Lawrence Kanemoto ... \$100
Carrie & Dennis Kawamoto ... \$200	Janet Kaya ... \$100	Charles & Shirley Kon ... \$200
Maizie & Sumiko Miyashiro ... \$100	Masumi Murakami ... \$100	Lori Noborikawa ... \$100
Richard & Hisae Nomura ... \$100	Clarence & Edna Otsuka ... \$100	Saito Family ... \$300
Ann Saruwatari ... \$100	Annette Sekine .. \$100	Dexter Takara ... \$200
Miles Tamura ... \$100	Jon Tokuhara ... \$1,500	Sharon Toma ... \$200
Guy & Cindy Ujimori ... \$700	Craig & Megumi Uyeno ... \$100	Francis Uyeno ... \$100
Sandra & Miles Yasui ... \$200	Wayne Yokota ... \$200	Helen Yonashiro ... \$200

REMINDER

2022 ANNUAL MEMBERSHIP DUES \$300

Please send your check PAYABLE TO :

Waipahu Hongwanji Mission

And state: membership dues for 2022

SPECIAL DONATION

(July)

Harry Asato ... \$250

In memory of Harriet Asato

Hawaii's Plantation Village ... \$75
32nd Obon Celebration

Family of Masako Kawamoto ... \$200

In memory of Masako Kawamoto

Gary Maeda ... \$1,000

In memory of Nobuji Maeda

Musashi International ... \$200

Special

Tamura Family ... \$1,000

Funeral for Tammy Tamura

Steve & Karen Tashiro & family ... \$100

In memory of Father/Grandfather

Sachi Tsutsui ... \$50

In memory of Nancy Oshiro

Eric Yasuda ... \$200

Boat Dedication

Lynne Yoshimura ... \$300

In memory of Horace, Ann and Lynne

(August)

Ai & Lena Ayabe ... \$100

Special

Diane Fukeda-Hanna ... \$100

In memory of Alvin Fukuoka

Chizuko Kono ... \$200

In memory of Hajime & Miyano Kono

Musashi International ... \$100

Special

Family of Kamewa Nagamine ... \$100

In memory of Kamewa Nagamine

Jerald Nakasone ... \$1,000

Funeral for Yukiko Nakasone

Fumiko & Stephen Nii ... \$300

Special

Saito Family ... \$500

In memory of Chikashi & Edna Saito

Wilma & Calvin Sumida ... \$200

In memory of Masato Uyeno

Takushi Family ... \$1,030

Funeral for Kiyoshi Takushi

Melvyn & Lois Tojio ... \$50

Special

Virginia Vierra ... \$300

In memory of Michael Nagaji

Yamashita Family ... \$1,000

Funeral for Teruko Yamashita

Membership 2022:

Miki Davidson, Carol Inouye, Nancy Inouye, Tomie Ohara, Vanassa Tanouye,
Barbara Torricer,

Membership 2023: Tomie Ohara

浄土真宗の教え 2022年9月 「阿弥陀様の願い その11」

駐在開教使 曾我大円

9月となります。ワイパフ、ワイアナエ両本願寺の皆様にはどんな夏を過ごされたことでしょうか。私も8月は日曜礼拝がお休みでしたので、土曜日の夜をゆっくり過ごすことができました。でも、これからまた土曜日の夜は日曜礼拝のお説教のために頭を抱えて過ごすようになります。お参りくださる人に出会うのは嬉しいことですが、お話するのは辛いものがあります。ちょっと泣き言を言わせて頂きました。

さて、これからまた「阿弥陀様の願い」を皆様に続けて紹介させていただきます。6月には三番目の願いについて書きました。今月は四番目の願いを紹介させていただきます。お経の言葉をいただきます。

「たとひ我仏を得たらんに、国中の天人、形色不同にして、好醜あらば、正覚を取らじ。」

私の意識です。「もし私（阿弥陀）が仏として覚りを得るとき、私の国の人たちが、いろいろな顔や形をしていて、そこに美しいまたは醜いという違いがあったならば、覚りを得ることはありません。」と阿弥陀様が願われたのです。このお心をよく考えてみると、阿弥陀様が私たち人間を見られた時に、「人間は常に自分中心の思いから、こうでなければならぬ、ああしてはならぬ、あの人は美しい顔をしている、あの人は不細工だ、と判断してしまい（これを仏教用語で分別（ぶんべつ）と言います）、それによってお互いが傷つけあったり、苦しんだりしている。」という世界を見られて、この願いを建てられたのです。

もう一度6月の寺報を引っ張り出してみてもらえますか。そこに私は金子みすずさんの詩を紹介させていただきました。「みんなちがって、みんないい」という詩の中に金子さんが「鈴と小鳥とそして私とみんなちがって、みんないい」と書かれたのです。金子さんのものの見方には、分別という自己中心的にもものを見ることなしに、皆それぞれが美しく輝いているんだ（これが阿弥陀様の三番目の願いです）、とその詩の中に表現されたのです。

皆さんの一日を振り返ってみて下さい。そんな自己中心的な見方で差別して、人を見下したり、恐れったり、嫌ったり、そんなことをしていませんか。

今戦争が続いています。また、国や民族でいがみ合ったりしています。これはなぜかと言いますと、こうでなければいけないという凝り固まった考え方の中、そしてそれを力を持って周りの人に言うことを聞かせようとする自分勝手な考えです。それによって多くの人が傷つき、苦しみ、悲しんでいるのです。阿弥陀様も悲しんでおられるでしょうね。

このことをもう少し考えてみましょう。 つづく

Waipahu Hongwanji Mission

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E-mail: waipahuhongwanji@hawaii.rr.com
Resident Minister: Reverend Jeffrey D. Soga

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Condolence

Waipahu Hongwanji extends deepest sympathy to the families of

James Takemoto
Michael Michio Nagaji
Shizuko Yamauchi
Tammy Naomi Tamura

CALENDAR OF EVENTS

Every Sunday: 9 a.m. Family Service
All are welcome.

Every Thursday: 9 a.m. Kokua Day

Saturdays , 8:30 a.m. Hosha Day

1st and 3rd Thursday: 12:30 p.m.
Karaoke Club Everyone welcome

1st Sunday: after the Family Service
Bon Dance Exercise in Social Hall

1st Thursday: 7 a.m.
Meditation Class Everyone welcome

**ANNOUNCEMENTS
(Masks are recommended)**

OBON SERVICE FOR FAMILY PET
Sunday, September 4, 2022, 9 a.m.

It is a very sad occasion to lose a family pet.
If you want to have memorial service for
your pet, please join this service.
Please call Rev. Soga at (808) 677-4221 a
head of time if you plan to attend.

PEACE DAY
September 21, Wednesday
9 a.m.

Please come to temple to hit bell.

OHIGAN SERVICE
Autumn Equinox Service
Sunday, September 18, 2022
9 a.m.